

Cooking with Mrs. Stef

My name is Stephanie Shackelford. I'm a cooking teacher. Cooking is a useful way to teach children a number of useful skills. It uses all five senses, helps children feel a sense of accomplishment, independence, and how to follow directions. It's a great way to teach good nutrition, health and safety. I incorporate all of these elements in my class. All of the recipes are simple, hands on and healthy. We plan on having fun and eating good food!

Please join me for this after school activity starting:

Monday November 26, 2018

Grades K-2

\$96 per child - \$10 material fee

To sign up please complete bottom half of this form and return to the front office with a check made payable to:

STEPHANIE SHACKELFORD

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Students name:

Grade/Age:.....

Contact Info:

Email

Info:.....

Food Allergies:

Any other info: